

EPA ACTION PLAN



ACTION PLAN 25-27

Key action areas

The new EPA Action Plan 2025–2027 *“Leaving no one behind – a roadmap for better and personalized mental health care”* will address six areas.

1. Treatment delivery and settings of care (including digital psychiatry, workplace, school-based treatments)
2. Precision Psychiatry (refinement and tailoring of diagnostic and treatment approaches)
3. Brain health (genetic, biological and psychosocial determinants of brain development, mental health and mental illnesses)
4. Whole Person Health
5. Public mental health (prevention, promotion of mental health across the lifespan)
6. Stigma and discrimination (including protection of minorities' mental health)

The six tasks of the EPA Action Plan will be addressed through the involvement of European experts (including users and carers), who will work at three different levels: education, clinical practice, and advocacy.

Each task force will produce consensus documents, statements, clinical guidelines, and educational materials, as well as surveys and research projects, with the involvement of some of the most important European scientific associations and advocacy groups.



Ten overarching aims

This new Action Plan aims to accomplish ten overarching aims:

- To enhance the international visibility and reputation of the Association
- To raise the profile of psychiatry and of the EPA within society, the medical community, and the public health sector across Europe
- To enhance the professional knowledge and skills of European psychiatrists
- To support NPAs in improving the quality of psychiatric care, education and research in their countries
- To foster the active participation of all NPAs and Scientific Sections in EPA activities, and to promote communication and collaboration across all components of the Association
- To promote the professional development of European early career psychiatrists
- To increase participation of psychiatrists from all world regions in the European Congress of Psychiatry
- To promote and coordinate international collaborative research
- To strengthen partnerships and collaboration with other international organizations and with European associations of users and carers
- To build up a long-term, solid and transparent partnership with potential donors



Outputs

The outputs should be sustainable (advocacy-level), scientifically solid, practical (clinically-oriented), knowledgeable (learning and education).

The ultimate goal of the EPA is to participate in and contribute to a cultural, political, and societal change aimed at improving the mental health and well-being of everyone living in Europe.